

2025



## January

	S	M	T	W	T	F	S
W1	29	30	31	1	2	3	4
W2	5	6	7	8	9	10	11
W3	12	13	14	15	16	17	18
W4	19	20	21	22	23	24	25
W5	26	27	28	29	30	31	

## February

	S	M	T	W	T	F	S
W5							1
W6	2	3	4	5	6	7	8
W7	9	10	11	12	13	14	15
W8	16	17	18	19	20	21	22
W9	23	24	25	26	27	28	

## March

	S	M	T	W	T	F	S
W9							1
W10	2	3	4	5	6	7	8
W11	9	10	11	12	13	14	15
W12	16	17	18	19	20	21	22
W13	23	24	25	26	27	28	29
W14	30	31					

## April

	S	M	T	W	T	F	S
W14			1	2	3	4	5
W15	6	7	8	9	10	11	12
W16	13	14	15	16	17	18	19
W17	20	21	22	23	24	25	26
W18	27	28	29	30			

## May

	S	M	T	W	T	F	S
W18					1	2	3
W19	4	5	6	7	8	9	10
W20	11	12	13	14	15	16	17
W21	18	19	20	21	22	23	24
W22	25	26	27	28	29	30	31

## June

	S	M	T	W	T	F	S
W23	1	2	3	4	5	6	7
W24	8	9	10	11	12	13	14
W25	15	16	17	18	19	20	21
W26	22	23	24	25	26	27	28
W27	29	30					

## July

	S	M	T	W	T	F	S
W27			1	2	3	4	5
W28	6	7	8	9	10	11	12
W29	13	14	15	16	17	18	19
W30	20	21	22	23	24	25	26
W31	27	28	29	30	31		

## August

	S	M	T	W	T	F	S
W31						1	2
W32	3	4	5	6	7	8	9
W33	10	11	12	13	14	15	16
W34	17	18	19	20	21	22	23
W35	24	25	26	27	28	29	30
W36	31						

## September

	S	M	T	W	T	F	S
W36		1	2	3	4	5	6
W37	7	8	9	10	11	12	13
W38	14	15	16	17	18	19	20
W39	21	22	23	24	25	26	27
W40	28	29	30				

## October

	S	M	T	W	T	F	S
W40				1	2	3	4
W41	5	6	7	8	9	10	11
W42	12	13	14	15	16	17	18
W43	19	20	21	22	23	24	25
W44	26	27	28	29	30	31	

## November

	S	M	T	W	T	F	S
W44							1
W45	2	3	4	5	6	7	8
W46	9	10	11	12	13	14	15
W47	16	17	18	19	20	21	22
W48	23	24	25	26	27	28	29
W49	30						

## December

	S	M	T	W	T	F	S
W49		1	2	3	4	5	6
W50	7	8	9	10	11	12	13
W51	14	15	16	17	18	19	20
W52	21	22	23	24	25	26	27
W1	28	29	30	31	1	2	3

## January

	M	T	W	T	F	S	S
W1	30	31	1	2	3	4	5
W2	6	7	8	9	10	11	12
W3	13	14	15	16	17	18	19
W4	20	21	22	23	24	25	26
W5	27	28	29	30	31		

## February

	M	T	W	T	F	S	S
W5						1	2
W6	3	4	5	6	7	8	9
W7	10	11	12	13	14	15	16
W8	17	18	19	20	21	22	23
W9	24	25	26	27	28		

## March

	M	T	W	T	F	S	S
W9						1	2
W10	3	4	5	6	7	8	9
W11	10	11	12	13	14	15	16
W12	17	18	19	20	21	22	23
W13	24	25	26	27	28	29	30
W14	31						

## April

	M	T	W	T	F	S	S
W14		1	2	3	4	5	6
W15	7	8	9	10	11	12	13
W16	14	15	16	17	18	19	20
W17	21	22	23	24	25	26	27
W18	28	29	30				

## May

	M	T	W	T	F	S	S
W18				1	2	3	4
W19	5	6	7	8	9	10	11
W20	12	13	14	15	16	17	18
W21	19	20	21	22	23	24	25
W22	26	27	28	29	30	31	

## June

	M	T	W	T	F	S	S
W22							1
W23	2	3	4	5	6	7	8
W24	9	10	11	12	13	14	15
W25	16	17	18	19	20	21	22
W26	23	24	25	26	27	28	29
W27	30						

## July

	M	T	W	T	F	S	S
W27		1	2	3	4	5	6
W28	7	8	9	10	11	12	13
W29	14	15	16	17	18	19	20
W30	21	22	23	24	25	26	27
W31	28	29	30	31			

## August

	M	T	W	T	F	S	S
W31					1	2	3
W32	4	5	6	7	8	9	10
W33	11	12	13	14	15	16	17
W34	18	19	20	21	22	23	24
W35	25	26	27	28	29	30	31

## September

	M	T	W	T	F	S	S
W36	1	2	3	4	5	6	7
W37	8	9	10	11	12	13	14
W38	15	16	17	18	19	20	21
W39	22	23	24	25	26	27	28
W40	29	30					

## October

	M	T	W	T	F	S	S
W40			1	2	3	4	5
W41	6	7	8	9	10	11	12
W42	13	14	15	16	17	18	19
W43	20	21	22	23	24	25	26
W44	27	28	29	30	31		

## November

	M	T	W	T	F	S	S
W44						1	2
W45	3	4	5	6	7	8	9
W46	10	11	12	13	14	15	16
W47	17	18	19	20	21	22	23
W48	24	25	26	27	28	29	30

## December

	M	T	W	T	F	S	S
W49	1	2	3	4	5	6	7
W50	8	9	10	11	12	13	14
W51	15	16	17	18	19	20	21
W52	22	23	24	25	26	27	28
W1	29	30	31	1	2	3	4

# Year Reset

# 2025

Best things that happened last year

This year in 3 words:

①

②

③

Biggest lessons learned:

What I would do differently:

Habits I'd like to **continue...**

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Habits I need to **break...**

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Top 3 goals for 2025:

1

2

3

In 2025, I'm looking forward to...

Things I'll do to make this year great:



At the **Start** of 2025:

where you are now

At the **End** of 2025:

where you want to be

My main goal this year...



Personal growth

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Career / Business

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Family & Friends

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Finances

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Health & fitness

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Relationships

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Spiritual

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Fun / Social

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TOP LIFE GOALS FOR THE YEAR

# 50 Things in 2025

Use this page to write down a list of things you dream of doing, seeing or experiencing. The bottom section is for the things you want/need...

Things I'd like to do...

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_



Things I'd like to see...

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

Things I'd like to experience...

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

Things I need...

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
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Things I desire...

- ☐ \_\_\_\_\_
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